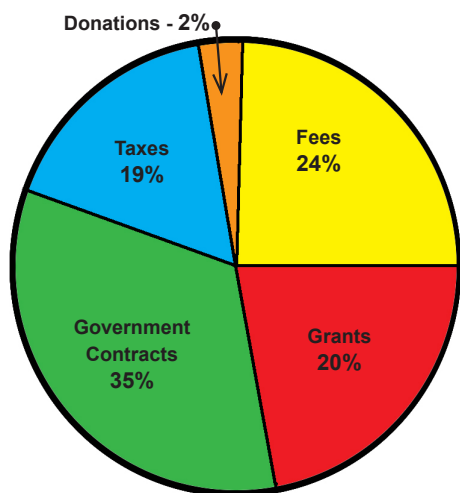




Public Health Report for 2012

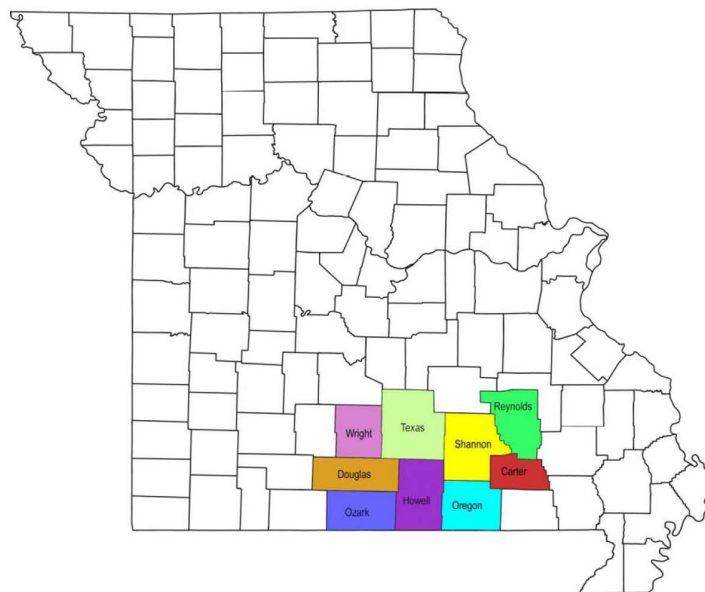


Financial Sources in 2012 Where the money came from



Region G in south central Missouri includes nine counties. The area includes Carter, Douglas, Howell, Oregon, Ozark, Reynolds, Shannon, Texas and Wright Counties. Ozark County Health Center has joined together with the local health departments in these counties to work together on some of the larger issues of public health.

The Region G Public Health Collaborative now has a website which is available to the public. The 2011 Community Needs Assessment and other information can be found at www.moregg.org.



**Ozark County Health Center Is
An Equal Opportunity/Affirmative Action Employer
Services Provided On A Non-discriminatory Basis**



Ozark County Health Center

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Rhonda Suter, Administrator

2012 Summary

A new grant, the Workforce Health Occupations project, brought local health professionals into school classrooms and to a special summer camp in order to show students the wide variety of health occupations and interest them in a future healthcare career. A qualified healthcare workforce is needed in rural areas. A four year project, the Smiles for Ozark County Kids, that provided free oral health education, dental examination and cleaning and sealants to children in 2nd thru 8th grade ended in 2012. The grant ended but the need for dental care has not ended. Missouri Ozarks Community Health dentists developed a plan to continue providing dental care to Ozark County students.

Once again the Walk-A-Bout health promotion joined with the Lutie Memorial Trail grant and more than 600 people participated in the physical activity challenge, "Keeping Fit in the Sticks". Smokebusters program was active in Dora and Gainesville schools and free smoking cessation classes with education and nicotine replacement were offered. The Heart Disease and Stroke Prevention project continued in Ozark and Douglas counties and focused on recognizing and managing high blood pressure.

New parents learned about car seat safety and safe sleep environments with free car seats and portable cribs provided. WIC provided nutrition education and free food checks and also gave out free clothing and baby items donated from Newborns in Need. Health inspections of restaurants and lodging sites, immunizations, vital records and other public health services were ongoing as usual in 2012.



OUR MISSION STATEMENT

To promote health and safety through **ASSESSMENT**, **EDUCATION** and **SERVICES** for the people of Ozark County so they can achieve a healthy quality of life.

ASSESSMENT

DISEASE SURVEILLANCE is conducted weekly with cooperation and input from area schools and medical providers. Data is collected to monitor current illness activity and trends in Ozark County and is used to help prevent disease outbreaks in Ozark County and the region.



A COMMUNITY NEEDS ASSESSMENT was prepared for all nine counties in Region G in May, 2011. This provides an overview of the current conditions in each county and allows for comparison to other counties. Assessment establishes the need and direction for public health services in our community.

A collection of data can be analyzed to determine health priorities. Here are examples of the findings:

Region G (which includes Ozark County) has hospitalization and death rates (age-adjusted) higher than the state average for chronic diseases including cancer, diabetes, heart disease, stroke and chronic lung disease.

Ozark County's 2009 death rate due to cancer was higher than the state average. (222 per 100,000 compared to the state average 185 per 100,000).

Death due to motor vehicle accidents (2000-2009) occurred at a very high rate in Ozark County. (50 per 100,000 compared to the state average 20 per 100,000).

The 2012 County Health Rankings also show how Ozark County fares alongside all the other counties in Missouri. With a ranking of 54 (out of 115), Ozark County compares favorably in regard to Health Factors such as physical environment, clinical care and health behaviors. But Health Outcomes showed a need for improvement with a standing of 94 (out of 115). This is largely due to a high rate of premature death.

By reporting data on health promotion, disease prevention and screening efforts at the local level through the Delta Project funded by Missouri Foundation for Health, the Ozark County Health Center actively participates in assessment.

EDUCATION

The Ozark County Health Center uses many avenues to teach health and safety topics including all the following activities in 2012:

- 3248** Women, Infant and Children (WIC) Nutrition Client Encounters
- 5** CPR Classes
- 1** First Aid Class
- 77** Children Attended Childcare Health Promotions
- 18** Adults Attended Childcare Health Education Classes
- 50** Parents Taught Safe Sleep Environment for Infants and received FREE Baby Beds
- 29** Parents Taught Car Seat Safety and Received a FREE Car Seat
- 172** Children Taught Oral Health Education
- 71** Women in Prenatal Case Management Taught to Reduce Health Risks During Pregnancy
- 23** People Attended Smoking Cessation Classes
- 66** Community Blood Pressure Clinics Offering Heart Disease and Stroke Prevention Education
- 620** Students Taught About Healthcare Careers



SERVICES

The Ozark County Health Center provides a variety of services for people.

- 615** Participants in Walk-A-Bout Health Promotion
- 4235** Hours of Home Care Aide Services Provided
- 273** Nurse Visits for Home Care Clients
- 16** Electric Breast Pumps Loaned
- 14** People Tested for STD
- 9** People Tested for HIV
- 86** People Skin Tested for TB
- 158** Death Certificates Printed
- 146** Birth Certificates Printed
- 1305** Immunizations Given
- 2500** Blood Pressure Readings
- 83** Communicable Disease Cases Investigated
- 37** Pregnancy Tests Done
- 96** Children Tested for Lead
- 91** Injections Ordered by Physicians
- 111** Children Received Dental Sealants
- 244** Dental Sealants Applied
- 250** Households Served by Food Pantry
- Hundreds** of Free Infant and Children Clothing Items Provided thru Newborns in Need



INSPECTIONS are an ongoing public health service to ensure public safety. In 2012 Ozark County's Environmental Specialist made the following number of inspection visits:



- 70** Food Establishments
- 46** Lodging Sites
- 10** Childcare Facilities
- 10** Hootin' n Hollarin' Concession Booths
- 4** Private Sewage Complaints
- 13** New Private Sewage Installations